



# NO BARRIERS HERE©

Using an arts approach for advance care planning

## FACILITATOR TRAINING

The Mary Stevens Hospice

*“If you’re cynical about what art-making adds to health-based discussion, this project will challenge that cynicism.”*

No Barriers Here© The Mary Stevens Hospice, 2021.

No Barriers Here© Facilitator Training. Allen, G., Jerwood, J. and Towns, C. 2021.

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## No Barriers Here©

No Barriers Here© is a unique, innovative and equitable approach to advance care planning for people and communities who are often underserved in palliative and end of life care. It was originally co-produced in 2019 by people with learning disabilities, The Mary Stevens Hospice, Dudley Voices for Choice and Art Psychotherapist Dr Jed Jerwood. No Barriers Here© uses arts-based methods to create and support conversations about death and dying and discovering what matters most to people at the end of life. Gently guided through distinctive workshops, participants share their narratives using arts-based methods such as collage, textiles and weaving to shape creative, distinctive and truly personalised advance care plans.

No Barriers Here© challenged misconceptions around talking about death and dying with people with learning disabilities and supported the idea that using arts approaches in palliative care can shape rich conversations within our communities and challenge inequalities underserved populations experience.

## What will I learn?

We are delighted that you are considering the No Barriers Here© facilitator training programme. During this one-day course there will be an opportunity to experience the workshops first-hand and explore:

- The rationale of using arts approaches in palliative and end of life care.
- The role of No Barriers Here© and advance care planning with underserved communities.
- The core elements of the No Barriers Here© workshops.
- How to deliver the No Barriers Here workshops and what resources to use.

## What does this include:

1 full day practical learning event with 2 facilitators.

Complementary art materials for delegate.

No Barriers Here© facilitator resource guide.

Provision of No Barriers Here© resources, including information templates in written and easy read format.

Quality art materials for 6 people to attend a three-week cohort of No Barriers Here©.

Hear from people with lived experience who co-developed No Barriers Here©.

Certificate of attendance.

Follow up meetings and community of practice



## Who should attend?

This learning event is suitable for anyone with an active interest in developing understanding of, and skills in using, arts-based approaches to advance care planning. It is suitable for health and social care professionals, registered and non-registered, including those working with communities, people with long term conditions and individuals approaching the end of life. Please note, a good understanding of advance care planning and advance communication skills is a necessary requirement.

## Dates – From June 2023

### **Tuesday 13<sup>th</sup> June 2023**

**Time:** 09:00-16:00

**Venue:** Royal Trinity Hospice, 30 Clapham Common North Side, London, SW4 0RN

**Facilitators:** Gemma Allen and Dr Jed Jerwood

### **Wednesday 28<sup>th</sup> June 2023 (commissioned places available for those working in the Black Country)**

**Time:** 09:00-16:00

**Venue:** The Mary Stevens Hospice, 221 Hagley Road, Oldswinford, West Midlands, DY8 2JR.

**Facilitators:** Gemma Allen and Sharon Hudson

### **Friday 7<sup>th</sup> July 2023 (commissioned places available for those working in the Black Country)**

**Time:** 09:00-16:00

**Venue:** The Mary Stevens Hospice, 221 Hagley Road, Oldswinford, West Midlands, DY8 2JR.

**Facilitators:** Gemma Allen and Dr Jed Jerwood

### **Friday 28<sup>th</sup> July 2023**

**Time:** 09:00-16:00

**Venue:** St Michaels Hospice, 25 Upper Maze Hill, Saint Leonards -on- sea, TN38 0LB.

**Facilitators:** Dr Jed Jerwood and Ellie Clack

### **Thursday 14<sup>th</sup> September 2023 (commissioned places available for those working in the Black Country)**

**Time:** 09:00-16:00

**Venue:** The Mary Stevens Hospice, 221 Hagley Road, Oldswinford, West Midlands, DY8 2JR.

**Facilitators:** Gemma Allen and Dr Jed Jerwood

### **Wednesday 25<sup>th</sup> October 2023**

**Time:** 09:00 – 16:00

**Venue:** Forget Me Not Children's Hospice, Russell House, Fell Greave Road, Huddersfield, HD2 1NH.

**Facilitators:** Gemma Allen and Dr Jed Jerwood

### **Tuesday 5<sup>th</sup> December 2023 (commissioned places available for those working in the Black Country)**

**Time:** 09:00-16:00

**Venue:** The Mary Stevens Hospice, 221 Hagley Road, Oldswinford, West Midlands, DY8 2JR.

**Facilitators:** Gemma Allen and Dr Jed Jerwood

**Please note that commissioned places are subject to availability**

## Cost

£375 per person (inc VAT) for a full day practical learning event, light lunch and refreshments, delegate art materials and art boxes to run your own workshop.

## Venue

This practical learning event will be held **at The Mary Stevens Hospice, 221 Hagley Road, Oldswinford, West Midlands, DY8 2JR unless stated otherwise.** Light lunch and refreshments provided so please let us know if you have any dietary requirements.

## Cancellation

Due to the purchase of delegate resources no refunds are allocated following registration. A place may be transferred to a colleague if required.

## Additional information

If you have specific training requirements, please contact us for a bespoke quote.

## Facilitators

[Dr Jed Jerwood](#)

Dr Jed Jerwood is a Principal Lead Art Psychotherapist and Health Researcher. His interests lie in improving access to health care for people who are often excluded or marginalised. His doctoral research concerned improving palliative and end of life care for people with serious mental illnesses. His clinical background is in adult mental health and hospice care. Jed is passionate about using arts-based approaches to have conversations we traditionally shy away from or avoid.

[Gemma Allen](#)

Gemma Allen is the Palliative Care Inclusion and Community Partnerships Lead at The Mary Stevens Hospice. Her passion for equitable palliative and end of life care for all has resulted in her working with, and alongside, underserved communities, enabling access and increasing awareness of palliative and end of life care. She works with people who are often marginalised at end of life, listening to their stories, and working alongside them to remove barriers. Gemma has a growing interest in compassionate communities- responding to and supporting people's experiences to death, dying, caregiving and bereavement, research, education and public health approaches to palliative care. Gemma is Chair of the Palliative Care of People with Learning Disabilities (PCPLD) Network and currently studying for an MSc Health Research at University of Birmingham.



## Contact details and how to book

Please fill out the booking form and contact Gemma Allen if you have any enquiries.

01384 443010 ext 184

[gemma.allen@marystevenshospice.co.uk](mailto:gemma.allen@marystevenshospice.co.uk)

Follow No Barriers Here on X (Twitter), YouTube and Instagram @NoBarriersHere  
Visit our website: [www.nobarriershere.org](http://www.nobarriershere.org)

## Booking form

Thank you for your interest in our education course. Please complete this form and return to [gemma.allen@marystevenshospice.co.uk](mailto:gemma.allen@marystevenshospice.co.uk).

Course title:	<b>No Barriers Here© facilitator training</b>
Date:	
First name:	
Surname:	
Job title:	
Organisation:	
Organisation full address:	
Contact telephone number:	
Contact email address:	
Do you require any accessibility or reasonable adjustments?	
Do you have any dietary requirements?	

Cost: £375 (includes VAT)

To pay by BACS: The Mary Stevens Hospice  
Natwest

Account number: 17794471

Sort code: 602048

Please state 'NBH' and your name in the payment reference

To pay The Mary Stevens Hospice by invoice and complete the details below.

Contact name (finance dept)	
Finance department email	
Organisation	
PO Number (please note a purchase order number must be completed)	

## Data protection

We would like to keep in touch with you about future events. Please tick if you would be happy for The Mary Stevens Hospice to contact you in the future:

Email

Telephone

Please do not contact me