



NO BARRIERS HERE©

Using an arts approach for advance care planning

FACILITATOR TRAINING

The Mary Stevens Hospice

“If you’re cynical about what art-making adds to health-based discussion, this project will challenge that cynicism.”

No Barriers Here© The Mary Stevens Hospice, 2021.

No Barriers Here© Facilitator Training. Allen, G., Jerwood, J. and Towns, C. 2021.

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No Barriers Here©

No Barriers Here© is a unique, innovative and equitable approach to advance care planning for people and communities who are often underserved in palliative and end of life care. It was originally co-produced in 2019 by people with learning disabilities, The Mary Stevens Hospice, Dudley Voices for Choice and Art Psychotherapist Dr Jed Jerwood. No Barriers Here© uses arts-based methods to create and support conversations about death and dying and discovering what matters most to people at the end of life. Gently guided through distinctive workshops, participants share their narratives using arts-based methods such as collage, textiles and weaving to shape creative, distinctive and truly personalised advance care plans.

No Barriers Here© challenged misconceptions around talking about death and dying with people with learning disabilities and supported the idea that using arts approaches in palliative care can shape rich conversations within our communities and challenge inequalities underserved populations experience

What will I learn?

We are delighted that you are considering the No Barriers Here© facilitator training programme. During this one-day course there will be an opportunity to experience the workshops first-hand and explore:

- The rationale of using arts approaches in palliative and end of life care.
- The role of No Barriers Here© and advance care planning with underserved communities.
- The core elements of the No Barriers Here© workshops.
- How to deliver the No Barriers Here workshops and what resources to use.

What does this include:

1 full day practical learning event with 2 facilitators.

Complementary art materials for delegate.

No Barriers Here© facilitator resource guide.

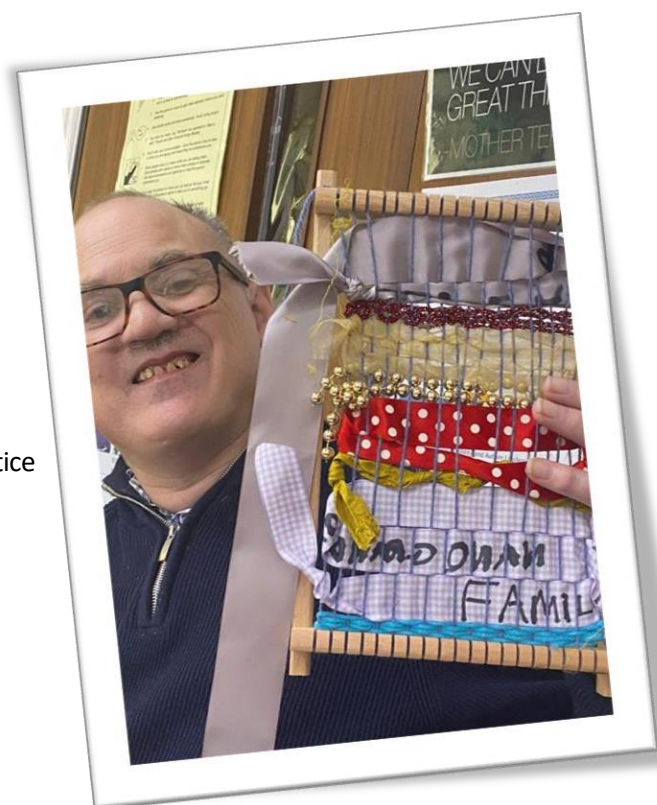
Provision of No Barriers Here© resources, including information templates in written and easy read format.

Quality art materials for 6 people to attend a three-week cohort of No Barriers Here©.

Hear from people with lived experience who co-developed No Barriers Here©.

Certificate of attendance.

Follow up meetings and registration to our community of practice



Who should attend?

This learning event is suitable for anyone with an active interest in developing understanding of, and skills in using, arts-based approaches to advance care planning. It is suitable for health and social care professionals, registered and non-registered, including those working with communities, people with long term conditions and individuals approaching the end of life. Please note, a good understanding of advance care planning and advance communication skills is a necessary requirement.

Upcoming Dates

Tuesday 13th June 2023

Time: 09:00-16:00

Venue: Royal Trinity Hospice, 30 Clapham Common North Side, London, SW4 0RN

Facilitators: Gemma Allen and Dr Jed Jerwood

Wednesday 28th June 2023

Time: 09:00-16:00

Venue: The Mary Stevens Hospice, 221 Hagley Road, Oldswinford, West Midlands, DY8 2JR.

Facilitators: Gemma Allen and Sharon Hudson

Friday 7th July 2023

Time: 09:00-16:00

Venue: The Mary Stevens Hospice, 221 Hagley Road, Oldswinford, West Midlands, DY8 2JR.

Facilitators: Gemma Allen and Dr Jed Jerwood

Friday 28th July 2023

Time: 09:00-16:00

Venue: St Michael's Hospice, 25 Upper Maze Hill, St Leonards, East Sussex, TN38 1LB.

Facilitators: Dr Jed Jerwood and Ellie Clack

Thursday 14th September 2023

Time: 09:00-16:00

Venue: The Mary Stevens Hospice, 221 Hagley Road, Oldswinford, West Midlands, DY8 2JR.

Facilitators: Gemma Allen and Dr Jed Jerwood

Wednesday 25th October 2023

Time: 09:00-16:00

Venue: Forget Me Not Children's Hospice, Russell House, Fell Greave Road, Huddersfield, HD2 1NH.

Facilitators: Gemma Allen and Dr Jed Jerwood

Tuesday 5th December 2023

Time: 09:00-16:00

Venue: The Mary Stevens Hospice, 221 Hagley Road, Oldswinford, West Midlands, DY8 2JR.

Facilitators: Gemma Allen and Dr Jed Jerwood

Cost

£375 per person (inc VAT) for a full day practical learning event, light lunch and refreshments, delegate art materials and art boxes to run your own workshop.

Venue

This exciting learning event will be held **at The Mary Stevens Hospice, 221 Hagley Road, Oldswinford, West Midlands, DY8 2JR** unless stated otherwise. Light lunch and refreshments will be provided so please let us know if you have any dietary requirements.

Cancellation

Due to the purchase of delegate resources no refunds are allocated following registration. A place may be transferred to a colleague if required.

Additional information

If you have specific training requirements, please contact us for a bespoke quote.

Facilitators

[Dr Jed Jerwood](#)

Dr Jed Jerwood is a Principal Lead Art Psychotherapist and Health Researcher. His interests lie in improving access to health care for people who are often excluded or marginalised. His doctoral research concerned improving palliative and end of life care for people with serious mental illnesses. His clinical background is in adult mental health and hospice care. Jed is passionate about using arts-based approaches to have conversations we traditionally shy away from or avoid.

[Gemma Allen](#)

Gemma Allen is the Palliative Care Inclusion and Community Partnerships Lead at The Mary Stevens Hospice. Her passion for equitable palliative and end of life care for all has resulted in her working with, and alongside, underserved communities, enabling access and increasing awareness of palliative and end of life care. Gemma's interests lie in public health palliative care, research, education and working in co-production. Gemma is the former chair of the Palliative Care of People with Learning Disabilities Network and currently studying for an MSc Health Research at University of Birmingham.

Contact details and how to book

Please fill out the booking form and contact Gemma Allen if you have any enquiries.

gemma.allen@marystevenshospice.co.uk

Follow No Barriers Here on X (Twitter), YouTube and Instagram @NoBarriersHer or visit:

www.nobarriershere.org



Booking form

Thank you for your interest in our education course. Please complete this form and return to gemma.allen@marystevenshospice.co.uk.

Course title:	No Barriers Here© facilitator training
Date:	
First name:	
Surname:	
Job title:	
Organisation:	
Organisation full address:	
Contact telephone number:	
Contact email address:	
Do you require any accessibility or reasonable adjustments?	
Do you have any dietary requirements?	

Cost: £375 (includes VAT)

To pay by BACS: The Mary Stevens Hospice
Natwest

Account number: 17794471

Sort code: 602048

Please state 'NBH' and your name in the payment reference

To pay The Mary Stevens Hospice by invoice and complete the details below.

Contact name (finance dept)	
Finance department email	
Organisation	
PO Number (please note a purchase order number must be completed)	

Data protection

We would like to keep in touch with you about future events. Please tick if you would be happy for The Mary Stevens Hospice to contact you in the future:

Email

Telephone

Please do not contact me