

# No Barriers Here

*"It's more than rainbows in receptions"*

## *What is No Barriers Here?*

No Barriers Here is an arts-based approach to Advance Care Planning (care that we need as we age, become unwell and towards the end of life). It has been developed to explore and understand the needs of people often marginalised in healthcare. This phase, funded by Marie Curie, focuses on the LGBTQ+ community.

## *What does taking part involve?*

You will have the opportunity to explore your own wants and wishes for your future care – this is important regardless of age or health. Three workshops, facilitated by LGBTQ+ facilitators, will be held in which different topics and themes will be explored.

## *What are the benefits of taking part?*

You will have the chance to think about your future care preferences and advance care planning priorities in a small group using art materials – you don't have to be good at art! The themes which arise in the groups will be used to inform education resources for healthcare professionals and be shared with Marie Curie to support the development of future care services.

## *Interested in taking part?*

Are you part of the LGBTQ+ community? Are you over 18 years old? Do you live in Dudley, Birmingham or the Black Country? You are available to attend three consecutive workshops? Each workshop is approximately 1.5-2 hours and is free to attend. Travel expenses are available.

## JOIN US

28 JUNE, 5 JULY & 12 JULY 2023  
18:30-20:00

MIDLANDS ART CENTRE (MAC),  
CANNON HILL PARK,  
EDGBASTON, B12 9QH.

